



# HEALTH QUESTIONNAIRE

*(Information will remain confidential)*  
 Indicate appropriate responses with a check and give details in #8 below.

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

## 1. GENERAL

By what name do you wish to be called? \_\_\_\_\_ Marital Status  S  M  W  D  
 How long have you lived in Tucson? \_\_\_\_\_ years. Did you move here for health reasons?  Yes  No  
 Where did you live before Tucson? \_\_\_\_\_  
 What is your occupation? \_\_\_\_\_ How long? \_\_\_\_\_  
 Who referred you to us? \_\_\_\_\_

## 2. PERSONAL HABITS

Tobacco:  Yes  No When \_\_\_\_\_ Recreational Drugs  Yes  No  
 Cigars  Cigarettes  Pipe  
 How much? \_\_\_\_\_ How long? \_\_\_\_\_ Alcohol?  Yes  No How many? \_\_\_\_\_ drinks/week  
 Regular exercise?  Yes  No How often? \_\_\_\_\_

## 3. MEDICATION: LIST ALL MEDICATIONS, INCLUDING OVER-THE-COUNTER MEDICATIONS:

_____	_____
_____	_____
_____	_____

## 4. ALLERGIES (Please list any medication intolerance's and allergies)

Intolerance's/Effect	Allergy/Effect
_____	_____
_____	_____

## 5. VACCINATIONS (Check those you have had and write in dates below):

Tetanus \_\_\_\_\_  Flu \_\_\_\_\_  Pneumonia \_\_\_\_\_  MMR \_\_\_\_\_

## 6. PERSONAL HISTORY (Check those you have had)

<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Kidney Trouble	<input type="checkbox"/> Mental Illness	<input type="checkbox"/> Hay Fever, Asthma
<input type="checkbox"/> Sugar Diabetes	<input type="checkbox"/> Liver Trouble	<input type="checkbox"/> Suicide Attempts	<input type="checkbox"/> Breathing Trouble
<input type="checkbox"/> Heart Trouble	<input type="checkbox"/> Anemia	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Valley Fever
<input type="checkbox"/> Stroke	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Excess Drugs	<input type="checkbox"/> Cancer

## PRIOR OPERATIONS/HOSPITALIZATIONS (List procedure and date performed)

_____	_____
_____	_____

## 7. FAMILY HISTORY (Include parents and grandparents)

<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Kidney Trouble	<input type="checkbox"/> Mental Illness	<input type="checkbox"/> Hay Fever, Asthma
<input type="checkbox"/> Sugar Diabetes	<input type="checkbox"/> Liver Trouble	<input type="checkbox"/> Suicide Attempts	<input type="checkbox"/> Breathing Trouble
<input type="checkbox"/> Heart Trouble	<input type="checkbox"/> Anemia	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Valley Fever
<input type="checkbox"/> Stroke	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Excess Drugs	<input type="checkbox"/> Cancer
<input type="checkbox"/> Other Illness _____			

FAMILY HISTORY	AGE	STATE OF HEALTH OR CAUSE OF DEATH	CHECK IF DECEASED	FAMILY HISTORY	AGE	STATE OF HEALTH OR CAUSE OF DEATH	CHECK IF DECEASED
FATHER				HUSBAND / WIFE			
MOTHER				CHILDREN			
BROTHERS & SISTERS				1.			
1.				2.			
2.				3.			
3.				4.			

## 8. GIVE DETAILS FROM ABOVE

\_\_\_\_\_

\_\_\_\_\_